



# COMMUNITY RESOURCES CARE PACKAGE: NAVIGATOR EDITION



# CONTENTS

<b>Contents .....</b>	<b>1</b>
<b>Introduction.....</b>	<b>2</b>
Federation of BC Youth in Care Networks Contact .....	2
<b>Province-Wide Resources .....</b>	<b>3</b>
<b>Resources .....</b>	<b>3</b>
<b>Contact .....</b>	<b>3</b>
<b>Services They Offer .....</b>	<b>3</b>
<b>Local Resources.....</b>	<b>4</b>
Multi-service Agencies .....	4
Housing .....	8
Food .....	9
Health & Wellness.....	10
Employment.....	13
Cultural Connections.....	14
Newcomers to Canada .....	15
LGBTQ2S+.....	16
Miscellaneous Resources/Opportunities .....	17
Financial Support .....	18

# INTRODUCTION

This resource was created by the Federation of BC Youth in Care Networks as a more extensive version of the student package. This version is for navigators that support youth in and from care that are on tuition waiver. It's important to understand that connecting with supports can be overwhelming and difficult for youth and that asking for help is not always easy.

Our hope is that in youth's times of need, if they aren't able to find support in the student version, this resource will assist in finding additional resources available.

Our goal was to highlight key organizations and agencies that offer supports to youth in and from care that are accessible, affordable and safe. If you cannot find an agency that offers support for what a youth is needing, please don't hesitate to connect with your post-secondary navigator or the Federation of BC Youth in Care Networks (the Fed).

Thank you for being an ally and supporting youth in and from care!



The Fed Family

## FEDERATION OF BC YOUTH IN CARE NETWORKS CONTACT

**Phone:** 604-527-7762 ext. 101 or 1-800-565-8055

**Email:** [info@fbcyicn.ca](mailto:info@fbcyicn.ca)

**Address:** 500-625 Agnes St, New Westminster, BC V3M 5Y4

**Facebook:** Federation of BC Youth in Care Networks

**Twitter:** @fbcyicn

**Instagram:** @fbcyicn

## PROVINCE-WIDE RESOURCES

Resources	Contact	Services They Offer
<b>Federation of BC Youth in Care Networks (FBCYICN)</b>	604-527-7762 ext. 101 Monday to Friday 9:00am to 5:00pm	Variety of programs and supports for youth 14-24 in and from care in BC
<b>Representative of Children &amp; Youth (RCY)</b>	1-800-476-3933  rcy@rcybc.ca	Supports the province's young people and their families in dealing with the provincial child and youth welfare system. Assists with advocacy for children/youth.
<b>Public Guardian Trustee (PGT)</b>	Vancouver: 604-660-2421 Victoria: 250-387-6121 Rest of BC: 1-800-663-7867	Protects the legal and financial interest of children under the age of 19 years.  Also helps older youth manage their finances.
<b>Agreements with Young Adults</b>	Reach out to your local Ministry of Child and Family Development (MCFD) office, or call toll free: 1-877-387-7027	A program to help cover the costs of things such as housing, child care, tuition, and health care while you go back to school, attend a rehabilitation centre, vocational or approved life-skills program.
<b>Community Living BC (CLBC)</b>	1-877-660-2522	CLBC supports adults who have a developmental disability. CLBC also helps adults who have Autism or FASD, and also need support with daily tasks.
<b>AgedOut.com</b>	<a href="https://agedout.com/">https://agedout.com/</a>	Learn life skills, seek out information, earn gift cards. Website with information for youth in and from care across BC
<b>BC211 -</b>	#211	specializes in providing information and referral regarding community, government and social services in BC
<b>Kids Help Line</b>	1-800-668-6868. Always There app (downloadable for android and iPhone)	Kids Help Phone is always there for you. No matter what you want to talk about, we're here to listen. No judgment, totally private, 24/7

<b>Suicide Support Line</b>	1-800-SUICIDE or 1-800-784-2433	The Crisis Intervention and Suicide Prevention Centre of BC (Crisis Centre) is a non-profit, volunteer organization committed to helping people help themselves and others deal with crisis.
<b>Wavaw (Women Against Violence Against Women)</b>	24-Hour Crisis and Information Line: 604-255-6344 1-877-392-7583	We provide support services to survivors of sexualized violence who have shared experiences of gender marginalization: cis and trans women, Two-Spirit, trans and/or non-binary people.

## LOCAL RESOURCES

### MULTI-SERVICE AGENCIES

<b>Aunt Leah's</b>	604-525-1204 auntleahs@auntleahs.org	<b>Helps prevent youth in/from foster care from becoming homeless and mothers in need from losing custody of their children. To support them on their journey to self-sufficiency, we provide supported housing, job training, and coaching on essential life skills.</b>
<b>Pacific Community Resource Society (PCRS)</b>	Head Office: 604-412-7950  Fraser Region: 604-951-4821	Offers a wide variety of programs to youth ranging from Addictions, Counselling, Education, Employment and Housing
<b>PLEA</b>	PHONE: 604-871-0450 EMAIL: info@plea.bc.ca	Offers Addictions, Counselling, Independent Living, Mentoring, Residential Care, Peer Support, School & Work, Youth Justice and Outreach programs/services to youth
<b>Share Family &amp; Community Services</b>	604-540-9161  info@sharesociety.ca	Offers youth substance use programming, general counselling services, child and family supports, school-age therapies and mental health initiatives
<b>Elizabeth Fry Society of Greater Vancouver</b>	604-520-1166 Toll-free: 1-888-879-9593  info@elizabethfry.com	Our programs help women break the cycle of poverty, addiction, mental illness, homelessness and crime.
<b>Abbotsford Community Services</b>	604-859-7681	Offers more than 90 different programs.

	<a href="mailto:info@abbotsfordcommunityservices.com">info@abbotsfordcommunityservices.com</a>	Programs range from helping women of domestic abuse, addictions, crisis intervention, diverse abilities and newcomers to Canada.
<b>Lookout Society</b>	<p>Head Office: 604-255-0340 <a href="mailto:info@lookoutsociety.ca">info@lookoutsociety.ca</a></p> <p>Various New West Locations, check: <a href="https://lookoutsociety.ca/contact-us/">https://lookoutsociety.ca/contact-us/</a></p>	<p>Lookout Housing and Health Society provides non-judgmental, non-sectarian, services to adults who cope with a wide variety of challenges including mental illness, addictions, chronic health conditions, physical disabilities, social dysfunctions, legal concerns or more frequently a combination of issues.</p> <p>Offers support with housing, including shelters, transitional housing, affordable housing and rent subsidy.</p>
<b>Chilliwack Community Services</b>	<p>604-792-4267 <a href="mailto:ccsinfo@comserv.bc.ca">ccsinfo@comserv.bc.ca</a> <a href="http://www.comserv.bc.ca">www.comserv.bc.ca</a></p>	Assists youth in achieving their personal dreams and preparing them to become successful adults
<b>Mission Community Services</b>	<p>Main Office: 604-826-3634 <a href="mailto:info@missioncommunityservices.com">info@missioncommunityservices.com</a></p> <p>Youth Services: 604-826-3634</p>	<p>Offers a wide variety of support for youth aged 13-24. Programs include:</p> <ul style="list-style-type: none"> <li>- Community Work Service</li> <li>- Conflict Management</li> <li>- Therapy</li> <li>- Transitional Housing Support</li> <li>- Independent Living Support</li> <li>- Life and Social Skills Development</li> </ul>
<b>Sara for Women</b>	<p>604-820-8455</p> <p><a href="mailto:info@saraforwomen.ca">info@saraforwomen.ca</a></p> <p>102-33070 5<sup>th</sup> Ave, Mission</p>	<p>Provides a safe refuge and community-based resources for women. We promote and support women's efforts to achieve domestic, political and social equality. Programs offered:</p> <ul style="list-style-type: none"> <li>- Transitional Housing</li> <li>- The Warm Zone (Drop-in for homeless women)</li> <li>- Counselling</li> <li>- Outreach</li> </ul>

<b>St. Leonard's</b>	604-524-1511  <a href="http://www.stleo.ca/">http://www.stleo.ca/</a>	Offers services around: - Youth Justice - Community Work Services - Family Supports - Youth Development - Alternate Education Program - Outreach to sexually exploited youth
<b>Access Youth Outreach Services (Tri-Cities/Pitt Meadows/Maple Ridge)</b>	Main Office: MONDAY-FRIDAY: 9AM-4PM  604-525-1888 <a href="mailto:admin@accessyouth.org">admin@accessyouth.org</a>  Bus Outreach: FRIDAY/SATURDAY: 7PM-12 604-781-6671  Mall Outreach THURSDAY/FRIDAY: 3PM-8 604-715-9944	Access offers programs to youth aged 12-23. Programs include: - Youth Empowerment: a 1-on-1 support program that works towards youths' specific goals  - Bus Outreach: a mobile youth centre that meets youth where they are at. Takes on a harm reduction approach while connecting youth to resources and supports in their communities  - Mall Outreach (Coquitlam Centre): Outreach workers are in the mall to support and connect with youth in need.
<b>Act 2 Child &amp; Family Services</b>	604-937-7776  <a href="mailto:info@act2.ca">info@act2.ca</a>	Supports those who have experienced the effects of violence, sexual abuse, and/or trauma in their lives.  Provides support around Counselling and Housing
<b>Alexandra Neighbourhood House</b>	604-535-0015 <a href="mailto:info@alexhouse.net">info@alexhouse.net</a>  2916 McBride Avenue, Surrey	Home to a variety of services and special events that provide youth with opportunities to develop, strengthen and overcome their challenges while connecting to their community.  Support, resources and workshops are available for youth, parents, families and caregivers.
<b>Options Community Services (Surrey)</b>	Main Office: 9815- 140 <sup>th</sup> Street 604-584-5811	Offers support around finding housing, gaining independence, finding employment, community

	<p>Newton Office: 13520 - 78<sup>th</sup> Avenue 604-596-4321</p>	<p>inclusion/integration and substance use.</p>
<b>SourcesBC</b>	<p>604.531.6226 <a href="mailto:info@sourcesbc.ca">info@sourcesbc.ca</a> Various Locations: <a href="https://www.sourcesbc.ca/contact-us/locations/">https://www.sourcesbc.ca/contact-us/locations/</a></p>	<p>Has a large variety of programs that range from Counselling, Housing support, Employment services, Legal resources, Addictions, Family connections, Mental Health &amp; more...</p>
<b>Langley Community Services Society</b>	<p>604-534-7921 <a href="mailto:info@lcss.ca">info@lcss.ca</a>  5339 207<sup>th</sup> Street, Langley</p>	<p>Offers a wide variety of programs in the areas of family counselling, family services, settlement and integration and substance use services.</p>
<b>Langley Youth Hub</b>	<p>604-546-1130  6275-203rd Street, Langley</p>	<p>The Hub provides opportunities to meet the basic needs of youth such as food, showers, laundry and toiletries. The Hub also provides medical care, substance use counselling, harm reduction programs, mental health counselling, employment and housing support and life skills training for youth aged 12-24.</p>
<b>The Youth Space of South Surrey/ White Rock</b>	<p>778-545-9188 <a href="mailto:youthspace@alexhouse.net">youthspace@alexhouse.net</a>  HOURS: MONDAY: 1:30PM-6PM TUES/WED: 3PM-7PM THURSDAY: 3PM-6PM FRIDAY: 3PM-7PM</p>	<p>The Youth Space is available for youth aged 13-24. Support with resumes, employment, income assistance, housing, cooking, mental health &amp; more is available.</p>
<b>Broadway Youth Resource Centre (BYRC)</b>	<p>604-709-5720 <a href="mailto:byrc@pcrs.ca">byrc@pcrs.ca</a>  2455 Fraser St, Vancouver</p>	<p>A multi-service and multi-agency hub with a range of services.  A one-stop youth centre that provides a wide range of social, health, education, employment and life-skills services to youth.</p>
<b>Milieu Children &amp; Family Services (Vancouver)</b>	<p>604-583-1811  <a href="mailto:info@milieu.ca">info@milieu.ca</a></p>	<p>Offers several programs to youth ranging from recreation, counselling and 1-on-1 support to youth who are aging out or have recently aged out of government care.</p>



<b>North Shore Neighbourhood House (North Van)</b>	604-987-8138 <a href="mailto:frontdesk@nsnh.bc.ca">frontdesk@nsnh.bc.ca</a>	Provides support, guidance and referrals in a non-judgmental way. Support around: <ul style="list-style-type: none"> <li>- Drug and alcohol education</li> <li>- School problems</li> <li>- Family issues</li> <li>- Job and resume skills</li> <li>- Advocacy and information</li> <li>- Referrals to other services</li> </ul> Offers a young parent's program for youth aged 13-20.
<b>Hollyburn Family Services Society (North Van)</b>	604-978-8211	Offers various programs and support to youth. Programs include: <ul style="list-style-type: none"> <li>- Life Success Program (18-24)</li> <li>- Employment Program (15-30)</li> <li>- Transition Program (18-24)</li> </ul>
<b>YMCA</b>	Robert Lee YMCA (VANCOUVER) Phone: 604-689-9622 <a href="mailto:robertlee@gv.ymca.ca">robertlee@gv.ymca.ca</a>  Langara Family YMCA (VANCOUVER) Phone:604-324-9622 <a href="mailto:langara@gv.ymca.ca">langara@gv.ymca.ca</a>  Tong Louie YMCA (SURREY) Phone: 604-575-9622 <a href="mailto:tonglouie@gv.ymca.ca">tonglouie@gv.ymca.ca</a>	Programs include, Recreation, Fitness, Youth Engagement, Education & Training, Immigrant Services & More...

## HOUSING

<b>Anika Youth Services (Surrey/Langley)</b>	604-497-0655 <a href="mailto:admin@anikayouthservices.ca">admin@anikayouthservices.ca</a>	Provides 24-hour residential care for at-risk youth between the ages of 13-19 who are in need of a long term, structured residential program.
<b>BC Housing</b>	Applicant Services Phone: 604-433-2218 Toll-free: 1-800-257-7756 <a href="https://www.bchousing.org/home">https://www.bchousing.org/home</a>	Housing Assistance including low income housing, rent subsidies and housing support for women escaping violence

<b>Covenant House</b>	604-685-7474 1-877-685-7474  info@covenanthousebc.org  1302 Seymour Street, Vancouver	Provides love and support to Vancouver's homeless and at-risk street youth. Assistance is available to youth aged 16-24 who have fled physical, emotional and sexual abuse; those who have been forced from their homes; and those who have aged out of foster care.
<b>Directions Youth Services</b>	604-633-1472 1-866-249-6884  <a href="mailto:directions@fsgv.ca">directions@fsgv.ca</a>  1138 Burrard Street, Vancouver	A Vancouver based resource that provides support to at-risk, homeless or street-involved youth and young adults under 25. Provides a safe space to connect to supports such as detox, transitional and/or short-term housing options Resources/services are available 24/7. 365 days a year.
<b>Friendly Landlord Network</b>	<a href="https://www.friendlylandlordnetwork.com">https://www.friendlylandlordnetwork.com</a>  Connect with Aunt Leah's for more information.	Connects youth in and from care safe, affordable housing across Metro Vancouver
<b>North Shore Youth Safe House</b>	24/7 Phone Number: 1-877-789-6884	Provides youth with short-term emergency housing and support. Available to youth aged 13-18.
<b>Ready to Rent BC</b>	Local: 250-388-7171 Toll Free:833-333-7171	Offers courses to tenants to learn their rights.
<b>TRAC (Tenant Resource &amp; Advisory Centre)</b>	604-255-0546  1-800-665-1185  <a href="http://tenants.bc.ca/">http://tenants.bc.ca/</a>	TRAC's purpose is to promote the legal protection of residential tenants across British Columbia by providing information, education, support and research on residential tenancy matters.
<b>SOS Children's Village BC</b>	604-574-2964 office@sosbc.org	Year Intensive Housing Program - Youth live in a basement suite with certified foster parents living upstairs for support if needed. Rent is subsidized, and \$100 each month of the program is put aside for youth to receive for a damage deposit for their next rental agreement when they exit the program.
<b>Watari Counselling &amp; Support Services Society</b>	604-254-69995  info@watari.org	Offers an 18-month housing subsidy program intended to support youth who are homeless or at-risk of becoming homeless, who identify that drugs

and/or alcohol use is or has been problematic for them.

## FOOD

<b>Fresh Roots</b>	778-872-5253  soyl@freshroots.ca	Fresh Roots hosts Community Eats workshops where youth make food together, discuss important and challenging topics that relate to food while cultivating connections with peers.
<b>Quest Food Exchange</b>	Main Office: 604-602-0186 info@questoutreach.org	Provides dignified access to a variety of affordable and healthy foods to individuals facing food security challenges  For individuals to become a client at Quest Food Exchange and access our not-for-profit markets: <ul style="list-style-type: none"> <li>• They must be either low-income, have a disability or be on old-age pension.</li> <li>• Contact their local partnering Community Resource Partners.</li> <li>• Have the Community Resource Partner complete and remit a Client Referral Form.</li> </ul>
<b>Aldergrove Food Bank</b>	604-857-1671  27309 Fraser Hwy, Aldergrove	Assists by providing a minimum of 2 days' worth of nutritious food (breakfast, lunch, dinner & snacks)  Open for grocery distribution the first four Tuesdays of each month from 11:30AM-2:00PM
<b>Langley Food Bank</b>	604-533-0671 <a href="mailto:info@langleyfoodbank.com">info@langleyfoodbank.com</a>	Provides a minimum of 2 days' worth of nutritious food (breakfast, lunch, dinner & snacks). Open for distribution every Monday, Wednesday and Friday from 10AM-2PM.
<b>Greater Vancouver Food Bank</b>	Head Office: 604-876-3601	Provides assistance to help address the immediate needs of the community, but also

recognize that emergency food as a stand-alone is not a long-term solution.

## HEALTH & WELLNESS

<p><b>Nurses Hotline - #811</b></p>	<p>#811</p>	<p>8-1-1 is a free-of-charge provincial health information and advice phone line available in British Columbia. The 8-1-1 phone line is operated by HealthLink BC, which is part of the Ministry of Health. By calling 8-1-1, you can speak to a health service navigator, who can help you find health information and services; or connect you directly with a registered nurse, a registered dietitian, a qualified exercise professional, or a pharmacist.</p>
<p><b>Foundry</b></p>	<p>General Inquiries: <a href="mailto:info@foundrybc.ca">info@foundrybc.ca</a>  <a href="http://www.foundrybc.ca">www.foundrybc.ca</a></p>	<p>Foundry offers young people aged 12-24 health and wellness resources, services and supports – online and through integrated service centres in eight communities across BC</p>
<p><b>Abbotsford Youth Health Centre</b></p>	<p>604-746-3392  <a href="mailto:nurse@ayhc.ca">nurse@ayhc.ca</a> (for medical questions or appointment follow-up)  <a href="http://www.ayhc.ca">www.ayhc.ca</a></p>	<p>Provides health services in a youth-friendly, safe, confidential and non-judgemental environment.</p>
<p><b>Triangle Community Resources</b></p>	<p>Abbotsford: 604-859-0033 <a href="mailto:riteab@triangleresources.com">riteab@triangleresources.com</a>  Mission: 604-814-0052 <a href="mailto:ritemi@triangleresources.com">ritemi@triangleresources.com</a>  Maple Ridge: -604-476-1202 <a href="mailto:ritemr@triangleresources.com">ritemr@triangleresources.com</a></p>	<p>Their Understanding Anger program is a unique course where participants will learn to identify self-defeating behaviours and learn the tools necessary to express anger in a healthier way</p>

<b>Chilliwack Youth Health Centre</b>	<p>Two Locations:</p> <p>Neighbourhood Learning Centre (Attached to Chilliwack Secondary)  Counsellors: Tuesdays 1-7pm  Doctors: Tuesdays 2-5pm  604-819-4603</p> <p>Stó:lō Primary Health Care Clinic  Counsellors: Thursdays 2-7pm  Doctors: Thursdays 2-5pm  1-844-827-2473 or  604-824-3219</p>	<p>Provides counsellors, family doctors and psychiatrists to young people.</p>
<b>Options for Sexual Health (Chilliwack)</b>	<p>604-997-7526  TUESDAYS 4:45-6:45pm</p> <p>Drop in for STI care &amp; contraception</p> <p>***Appointments are required for Pap screening***</p>	<p>Provides sexual and reproductive health services for all ages, all genders, and all orientations. Clinicians are committed to providing confidential, non-judgemental, youth-friendly, pro-choice and sex-positive services.</p> <p>Services include low-cost birth control, STI care, Pap screening, pregnancy testing and pregnancy options counselling.</p>
<b>Burnaby Youth Clinic</b>	<p>604-293-1791</p>	<p>Provides free, confidential information and education regarding sexuality and health to youth 21 and under</p>
<b>Camery Child &amp; Family Services</b>	<p>604-436-9449  <a href="mailto:info@cameray.ca">info@cameray.ca</a></p> <p>MONDAY-THURSDAY:  9AM-7PM</p> <p>FRIDAY:  9AM-4PM</p>	<p>Provides support to children and youth who are victims or witnesses of a crime and/or violence.</p>
<b>Share Family &amp; Community Services</b>	<p>604-540-9161</p> <p><a href="mailto:info@sharesociety.ca">info@sharesociety.ca</a></p>	<p>Offers youth substance use programming, general counselling services, child &amp; family supports, and mental health initiatives.</p>
<b>Tri-Cities Transitions</b>	<p>604-941-7111</p> <p><a href="mailto:info@tricitytransitions.com">info@tricitytransitions.com</a></p>	<p>Supports all individuals who have experienced domestic violence, and offers women and children a safe, secure place to rest, rejuvenate and rebuild their lives.</p>

<b>Alouette Additions Services</b>	604-467-5179  #106-22838 Lougheed Hwy, Maple Ridge	Alouette Additions Services offers a number of groups and 1-on-1 counselling, as we continue to meet the needs of the Pitt Meadows/Maple Ridge community. All of the groups are drop-in, and no registration is required.
<b>Ceed Centre Society (Pitt Meadows &amp; Maple Ridge)</b>	604-463-2229  <a href="mailto:community@ceedcentre.com">community@ceedcentre.com</a>	Aims to build stronger communities in Maple Ridge & Pitt Meadows. <b>The Blue Door Outreach:</b> Seeks to connect youth with the support they need to reach their potential. Their barrier-free programs (no referrals, no time limits, no costs, etc...) are aimed at youth aged 13-24 that are at-risk of homelessness or experiencing mental health issues.
<b>Youth Wellness Centre (Maple Ridge)</b>	604-467-6911  22718 Lougheed Hwy, Maple Ridge	Supports youth aged 8-24 years old who are living with mental health concerns, or substance use challenges in a safe environment.
<b>Lookout Society</b>	Head Office: 604-255-0340	Provides non-judgemental, non-sectarian services to adults who cope with a wide variety of challenges including mental illness, addictions, chronic health conditions, physical disabilities, social dysfunctions, legal concerns.  Offers support with housing, shelters, transitional housing, affordable housing and rent subsidy
<b>New Westminister Youth Clinic</b>	604-329-1875 TUESDAY: 2:30PM-6PM THURSDAY: 3:30-7PM  38 Begbie Street, New Westminister	Provides free confidential information and education regarding sexuality and health to youth 21 and under.
<b>Purpose Society</b>	604-526-2522 MONDAY – FRIDAY 8:30AM-5PM  40 Begbie Street, New Westminister	A youth source that is a warm, welcoming atmosphere where free, confidential information and education regarding sexuality and health to youth 21 and under. Youth can also do laundry and also have access to showers and food.

<b>Langley Youth Wellness Centre</b>	604-539-2900  MONDAY: 2PM-4PM WEDNESDAY: 2PM-4PM  20389 Fraser Hwy, Langley	Provides services (available to youth 21 and under): - STI testing & treatment - HIV testing & referrals - Birth Control (free for youth up until 19 <sup>th</sup> birthday) - Emergency contraception - Pregnancy tests & counselling - Free condoms - Pap testing - Wart treatments
<b>Vine Youth Clinic</b>	604-542-3926 <a href="mailto:vineyouthclinic@gmail.com">vineyouthclinic@gmail.com</a>  CLINIC HOURS: MONDAYS: 3:30PM-6:30PM ** When Monday is a stat holiday, clinic is open on Wednesday** MENTAL HEALTH COUNSELLING TUESDAYS: 9AM-5PM	Vine Youth Clinic provides free and confidential health care for youth aged 12 – 21.  Doctors and Youth Workers provide consultations to address youths physical and mental health concerns
<b>Youth Pregnancy &amp; Parenting Program (Vancouver Coastal Health)</b>	604-675-3982  <a href="mailto:ypppp@vch.ca">ypppp@vch.ca</a>	A free service supporting pregnant Vancouver youth (24 and under) and their babies.
<b>Steps Youth Program (Canadian Mental Health Association)</b>	<a href="mailto:Claire.ramsfield@cmha.bc.ca">Claire.ramsfield@cmha.bc.ca</a>	Supports young people dealing with issues such as depression and anxiety by building wellness through social and recreational activities. * OFFERED FROM SEPTEMBER – JUNE *

## EMPLOYMENT

<b>WorkBC</b>	<a href="https://www.workbc.ca/">https://www.workbc.ca/</a>	WorkBC helps people find jobs, explore career options and improve their skills.
<b>Drive Youth (D-YES)</b>	604-253-9675  <a href="mailto:dyes@froghollow.bc.ca">dyes@froghollow.bc.ca</a>	Offers specialized youth employment services, creative youth programming and a drop-in resource room that is available to youth aged 16-30.

<b>Open Door Group</b>	604-872-0770  info@opendoorgroup.org	Provides tailored employment services to individuals.  Also offers 1-on-1 support for individuals with mental health concerns
<b>Capilano Community Services</b>	604-988-7115	Supports youth aged 18-24 in finding employment.  Also offers 1-on-1 support.
<b>Triangle Community Resources</b>	Abbotsford: 604-859-0033 riteab@triangleresources.com  Chilliwack: 604-792-8000 <u>ritechwk@triangleresources.com</u>  Langley: 604-534-4905 ritela@triangleresources.com  Maple Ridge 604-476-1202 ritemr@triangleresources.com	The R.I.T.E (Reaching Independence Through Employment) program is a 10-week comprehensive job readiness training program that builds skills, confidence and experience while supporting folks to secure and maintain sustainable employment

## CULTURAL CONNECTIONS

<b>BC Association of Aboriginal Friendship Centres (BCAAFC)</b>	adminassist@bcaafc.com 250-388-5522	BCAAFC is an umbrella organization for the 25 friendship centres across the province that help Indigenous people have space to celebrate culture, share knowledge and connect with others.
<b>Lower Fraser Valley Aboriginal Society (LFVAS)</b>	604-427-2664 Info@Lfvas.Org	LFVAS provides support, assistance and referrals to urban Aboriginals and their families. They provide programs in areas including but not limited to, social, cultural, recreational, economic, community development, and cultural and historical restoration



<b>Fraser Valley Aboriginal Children and Family Services Society (FVACFSS)</b>	Toll Free: 1-866-851-4619  Local: 604-858-0113  General Inquiries info@xyolhemeylh.bc.ca	Fraser Valley Aboriginal Children and Family Services Society (FVACFSS) is a fully delegated Aboriginal child welfare agency providing culturally appropriate and holistic services through prevention, community development and child welfare programs to Aboriginal (Status, Non-Status, On Reserve, Off Reserve, Stó:lō and other First Nation, Inuit, and Métis) children, youth and their families residing throughout the Fraser Valley.
<b>Urban Native Youth Association (UNYA)</b>	604-254-7732  info@unya.bc.ca	A wide range of services, resources, and opportunities that support Vancouver’s Indigenous youth. Programs support youth with Education and Training, Health and Wellness, Housing and Transition, and Community Connection.
<b>Vancouver Aboriginal Friendship Centre Society (VAFCS)</b>	604-251-4844  <a href="mailto:info@vafcs.org">info@vafcs.org</a>  <a href="http://www.vafcs.org/">http://www.vafcs.org/</a>	Provides programs in health and welfare, social services, human rights, culture, education, recreation and equality for all Aboriginal people.
<b>Spirit of the Children (Burnaby, New Westminster, and the Tri-Cities)</b>	Head Office: 604-524-9113  reception@sotcs.ca	Offers programs for Indigenous children, youth and families. Supports and Services available include: - Youth Hub (Up to 18 years old): Helps youth focus on personal development. Offers cultural teachings, and creative expression. - Youth Housing First Program supports youth who are aging out of care to obtain or sustain housing.
<b>IndigenEYEZ</b>	250-328-9634  Inspire@indigenEYEZ.com	IndigenEYEZ offers programs that focus on strengthening four essential relationships in life: with self, with others, with nature and with culture

## NEWCOMERS TO CANADA

<b>Immigrant Services Society of BC (ISSofBC)</b>	<a href="https://issbc.org/contact">https://issbc.org/contact</a>	ISSofBC provides a supportive environment for newcomers to Canada of all backgrounds. They
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		are here to meet your settlement, English language and employment needs.
<b>Mosaic</b>	604 254 9626 info@mosaicbc.org	Supports immigrant, refugee, migrant and mainstream communities in Greater Vancouver and the Fraser Valley as well as throughout the province of BC.
<b>Fresh Voices</b>	778-228-3737 contactfreshvoices@gmail.com	Fresh Voices emerged from a partnership between Vancouver Foundation and the Representative for Children and Youth. Now as the first registered non-profit society in Canada to be led by immigrant and refugee youth, we offer a way for racialized newcomer youth from across B.C. to engage in dialogue and action to identify and remove barriers to their success.
<b>S.U.C.C.E.S.S</b>	Head Office 604-684-1628 info@success.bc.ca	SUCCESS Youth Services promotes the personal growth and career development of young people through a wide variety of programs ranging from the volunteer buddy program, youth volunteer group, youth counselling, leadership training, employment and entrepreneurial development.

## LGBTQ2S+

<b>Trans Care BC</b>	604-675-3647 1-866-999-1514 transcareteam@phsa.ca	Trans Care BC supports the delivery of equitable and accessible care, surgical planning, and peer and community support for trans people across the province
<b>Pride Line BC</b>	Toll Free 1-800-566-1170 Local 604-684-6869  Available weeknights (Monday to Friday) from 7:00 PM to 10:00 PM	Provides telephone support to LGBTQ2S folks of all ages throughout BC. Trained volunteers listen with a welcoming, non-judgmental, affirming ear. They also give information and referrals to other queer, mental health and substance abuse resources.  PRIDELINE is not a crisis line, but volunteers will give callers information about crisis resources if needed.
<b>Qmunity</b>	reception@qmunity.ca  604-684-5307 ext. 100	Youth Program consists of group drop-in spaces, our Bras, Binders, and Breast Forms Exchange Program, one-on-one support, and referrals and resources for LGBTQ2S youth ages 25 and under.

<b>Rainbow Refugee Committee</b>	info@rainbowrefugee.ca	A Vancouver based community group that supports people seeking refugee protection in Canada because of persecution based on sexual orientation, gender identity, gender expression or HIV status.
<b>Bute St. Clinic</b>	604-707-5603 Monday: 9am – 4pm Tuesday: 10am – 4pm Wednesday: 9am – 4pm Thursday: 9am – 4pm Friday: 9am – 4pm	An independent, drop-in, sexually transmitted infections (STIs) clinic affirmingly serving the LGBTQ2S community. Their services are free, and no ID is required.
<b>Three Bridges Community Health Centre</b>	604-331-8900	Offers free and confidential services for youth up to and including age 24. LGBTQ2S friendly.
<b>Raincity Housing</b>	604-662-7023  info@raincityhousing.org	Offers housing for LGBTQ2+ youth aged 18-25 who are experiencing homelessness.

## MISCELLANEOUS RESOURCES/OPPORTUNITIES

<b>Strive Program (YWCA)</b>	604-970-0139  strive@ywcavan.org	Strive is a holistic 12-week program to support youth in and from care transitioning to independence.
<b>Chilliwack Restorative Justice and Youth Advocacy Association</b>	604-393-3023  info@restoringjustice.ca	Provides programs and services around: - Restorative Solutions - Preventative Programs - Mentoring
<b>Community Justice Initiatives Association</b>	604-534-5515 mail@cjibc.org  102B-6270 205 <sup>th</sup> Street, Langley	A community-based non-profit society that is considered the “go-to” place for anyone wishing to learn or understand restorative justice practices.
<b>Leave Out Violence (LOVE)</b>	604-709-5728  vancouver@leaveoutviolence.org	LOVE BC is a youth-driven organization empowering youth to break the cycle of violence in their lives and communities
<b>Frames Film Program</b>	Program Coordinator: Amanda Rose Schellenberg  amandarose@froghollow.bc.ca  250-878-2405	The Frames Film Program provides opportunities for multi-barriered youth (ages 16 to 30) to learn the basics of filmmaking --- at no cost

<b>Short-notice Moving</b>	604-816-0751  <a href="http://shortnoticemoving.ca/social-services/">http://shortnoticemoving.ca/social-services/</a>	Low cost moving services. Folks who have limited financial resources can be referred to the social assistance program.
<b>W.R.A.G.S (Western Regional Advocacy Group Society)</b>	604-214-0613 1-866-949-7247  <a href="mailto:wragst@telus.net">wragst@telus.net</a>  370 - 3771 Jacombs Road Richmond, BC V6V 2L9	WRAGS works in partnership with Sleep Country Canada and The Brick to provide mattresses to those in need
<b>Chill Vancouver</b>	<a href="mailto:chill@chill.org">chill@chill.org</a>  802-383-6920	Chill programs consist of experiential learning activities, reflection, and discussion, paired with board sport lessons Chill removes all barriers to accessing board sports by providing youth with everything they need to get after it, at absolutely no cost.
<b>Clothes 2 U</b>	604-857-4617  <a href="mailto:erniej@shaw.ca">erniej@shaw.ca</a>	Provides clothes, toys, linen, diaper, diapers, books, footwear, personal and small household items for FREE to those in need. Items are given away for free at these events but has a \$1 admission fee associated.

## FINANCIAL SUPPORT

<b>The Youth Educational Assistance Fund (YEAF)</b>	<a href="https://studentaidbc.ca/sites/all/files/form-library/yeaf_application.pdf">https://studentaidbc.ca/sites/all/files/form-library/yeaf_application.pdf</a>	Helps support post-secondary education and training for former youth in care through bursaries of \$5,500 per educational year, up to a maximum of four years, to help with tuition, books and fees.  Youth must have been in care until you turned 19 years of age or for at least five years immediately prior to your adoption or permanent transfer of custody to a person other than a parent under s.54.1 of the CFCSA.
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<b>The HSBC Bank Canada National Transformation Project</b>	Email the program at <a href="mailto:hsbc@pcrs.ca">hsbc@pcrs.ca</a> to request an application form.	Covers wide range of school related costs (i.e. rent, emergency funds, supplies etc.). <ul style="list-style-type: none"> <li>• Supports youth up to 29 years old</li> <li>• Up to \$5000 per year.</li> <li>• Low-barrier, easy application</li> </ul>
<b>Federation of Community Social Services of BC Youth Education Bursary.</b>	<a href="https://fcssbc.ca/programs/youth-education-bursary/">https://fcssbc.ca/programs/youth-education-bursary/</a>	For youth (25 and younger) who have been in care and want to pursue a career in the field of Human and Social Services Youth can receive up to \$2000 per year
<b>Howard Legacy Youth Fund</b>	<a href="https://www.bcadoption.com/sites/default/files/hlyf-application_2019.pdf">https://www.bcadoption.com/sites/default/files/hlyf-application_2019.pdf</a>	Available for youth (aged 17-26) with a minimum of 12 months in government care
<b>Adoptive Families Association of BC Youth Bursary</b>	<a href="https://www.bcadoption.com/sites/default/files/ayb_application_2019.pdf">https://www.bcadoption.com/sites/default/files/ayb_application_2019.pdf</a>	For youth (aged 17-26) who have joined their families by legal adoption
<b>Dream Fund – Educational Achievement Bursary</b>	<a href="https://fbcyicn.ca/sites/default/files/Dream%20Fund%20Education%20Achievement%20-%20fillable%20ex.pdf">https://fbcyicn.ca/sites/default/files/Dream%20Fund%20Education%20Achievement%20-%20fillable%20ex.pdf</a>	For youth in and from care. <ul style="list-style-type: none"> <li>• Must have a min of 1 year of care experience</li> <li>• 14-24 years of age</li> <li>• Up to \$2500 per semester</li> <li>• Three times/year (October/March/July)</li> </ul>
<b>Storwell Foster Children Bursary Program</b>	<a href="https://www.storwell.com/bursary-application">https://www.storwell.com/bursary-application</a>	<ul style="list-style-type: none"> <li>• Applicant must have been a foster child</li> <li>• Applicant must be 24 years of age or less at the time of application</li> <li>• Applicant will be enrolled as a full-time student</li> <li>• Applicants must be a Canadian Citizen or Permanent Resident</li> </ul>
<b>Youth Futures Education Fund (YFEF)</b>		See your post-secondary Financial Aid office or Navigator to inquire