

RURAL PRE-MEDICINE

YOUR CAREER AS A HEALTH PROFESSIONAL BEGINS HERE



Our health care system needs professionals who want to practice in a rural setting, and health care programs are looking for students with rural backgrounds. Immersed in a spectacular landscape, our comprehensive program provides a rigorous academic foundation in the life sciences and is designed as a pathway to medicine, pharmacy, optometry, dentistry, physical therapy, midwifery, veterinary medicine, naturopathy, public health, biomedical research and more.

STUDY & LIVE RURAL

As part of a cohort of 24 students, you will gain exposure to the field of rural health care. Dedicated instructors and mentors will support you in building a strong foundation of experience and knowledge.

ARE YOU...

motivated, responsible, creative, empathetic, resilient, collaborative?

DO YOU ENJOY...

interacting with people, hands-on activities, life-long learning and challenging yet rewarding work?

IF YES...

rural health care may be for you.



Photo: Destination Castlegar

What makes our Rural Pre-Medicine Program unique?

VOLUNTEER EXPERIENCES & MENTORSHIP

- Connections with local non-profit organizations
- Presentations from local health-care providers
- Mentorship from medical school students
- Leadership and mentoring opportunities

SUPPLEMENTAL TRAINING & SOFT SKILL DEVELOPMENT

- Cultural safety and humility training
- Annual non-academic courses (e.g. Mental Health First Aid)
- Equity, diversity and inclusion training
- Group work, team building and leadership training
- Multiple Mini Interview (MMI) preparation

CORE CURRICULUM

- 90 credits (three years) required for application to the University of British Columbia (UBC) Faculty of Medicine
- Rural Health Issues
- Indigenous Health and Healing
- Community-based Rural Health Research Project

**AS A PRACTICING
RURAL HEALTH
PROFESSIONAL, YOU WILL:**

- Be an integral member of the community.**
- Help address health inequities.**
- Have access to rural bonuses and stipends.**
- Work wherever you want.**
- Practice a broad range of patient care.**

“Selkirk College set a very good foundation, it is designed very well with not only the sciences but the social sciences as well.”

–Svetlana Hadikin,
Rural Pre-Medicine Alumna



TERM 1

BIOL 104 – Biology I
CHEM 110 or 122 – Fundamentals or General Chemistry I
ENGL 110 – College Composition
MATH 100 – Calculus I
PSYC 100 – Introductory Psychology I
RPM 120 – Rural Health Issues I

TERM 2

BIOL 106 – Biology II
CHEM 125 – Foundations of Chemistry II
ENGL 111 – Introduction to Literature
MATH 101 – Calculus II
PSYC 101 – Introductory Psychology II
RPM 121 – Rural Health Issues II

TERM 3

BIOL 204 – Cell Biology
CHEM 212 – Organic Chemistry I
INDG 101 – Indigenous People's Relationships
PHYS 102 or 104 – Basic or Fundamental Physics I
RPM 220 – Rural Health Issues III
STAT 206 – Statistics

TERM 4

BIOL 206 – Introductory Biochemistry
BIOL 212 – Microbiology
CHEM 213 – Organic Chemistry II
PHYS 103 or 105 – Basic or Fundamental Physics II
RPM 221 – Rural Health Issues IV
UAS Humanities or Social Sciences Elective, 200-level

TERM 5

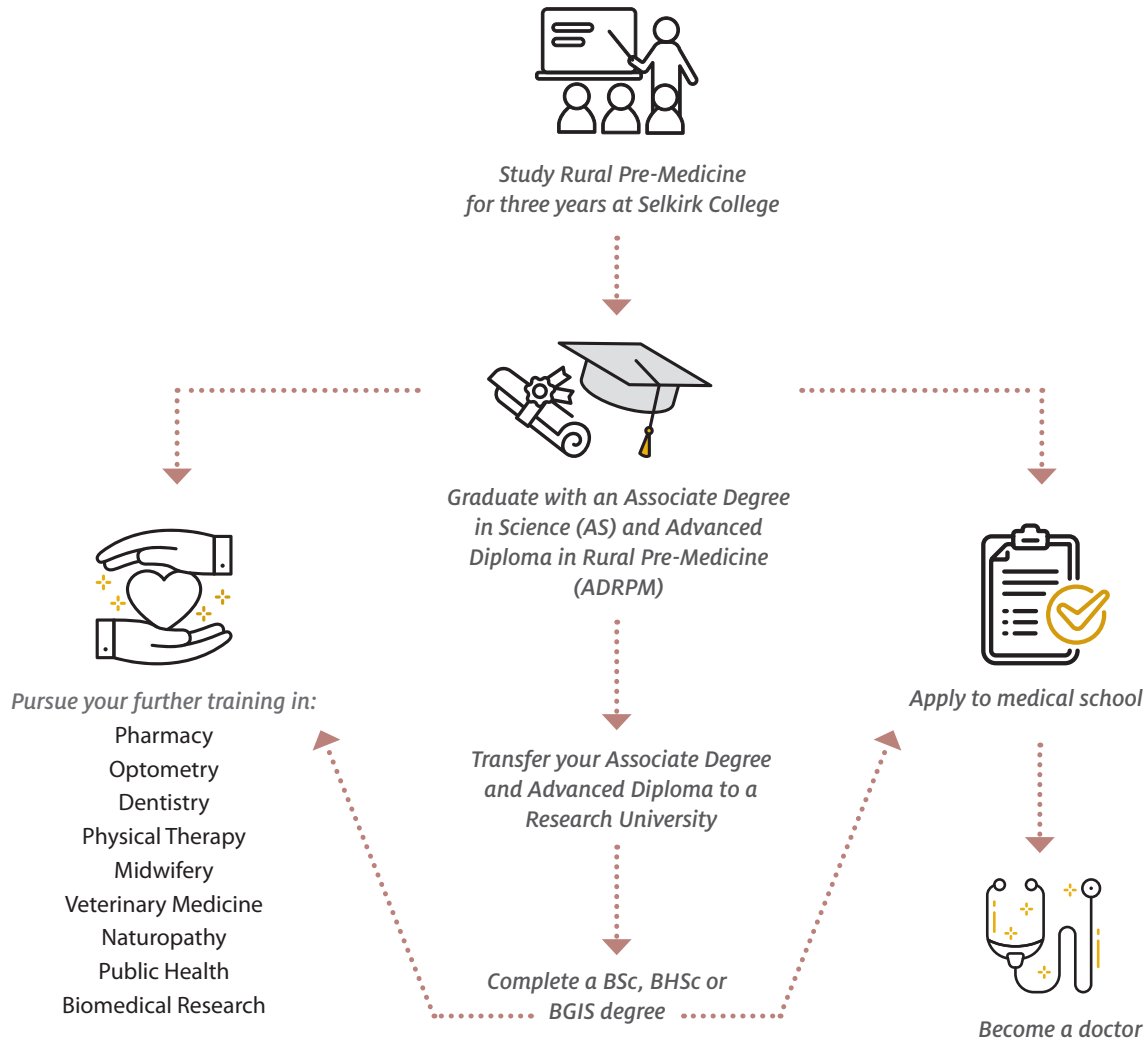
BIOL 164 – Human Anatomy and Physiology I or Elective
BIOC 302 – General Biochemistry
CHEM 225 – Physical Chemistry for Biosciences
PHIL 210 – Biomedical Ethics
PSYC 202 – Research Methods or SOC 205 – Introduction to Social Research
RPM 320 – Rural Health Issues V

TERM 6

BIOL 165 – Human Anatomy and Physiology II or Elective
BIO 202 – Principles of Genetics
INDG 302 – Indigenous Health and Healing
RPM 321 – Rural Health Applied Research Project
UAS Elective, 200-level

PATHWAYS

The Rural Pre-Medicine Program is designed for students with a wide variety of backgrounds. We welcome applications from all candidates with the potential to succeed, including Grade 12 students and individuals with prior post-secondary education or experience. If your goal is a career in health care, you can begin here.



WHAT PREREQUISITES DO I NEED?

All prerequisites are a minimum 67%:

- Pre-calculus 12
- Chemistry 11
- Two other Grade 12 courses, one of which must be a science course.
- English Studies 12 or English First Peoples 12 or IELTS 6.5



NOTE: Anatomy and Physiology 12 and Chemistry 12 are strongly recommended.

DON'T HAVE THESE? CONTACT US!

1.888.953.1133 or 250.365.1233 | rpm@selkirk.ca

THE SELKIRK COLLEGE EXPERIENCE



UNIVERSITY ARTS &
SCIENCES OFFER A
DIVERSE RANGE OF
COURSES THAT COULD
LEAD YOU TO A CAREER
IN THE FOLLOWING
AREAS:

Aerospace
Advocacy
Applied Research
Archaeology
Chinese Medicine
Communications
Counselling
Data Analysis
Engineering
Forensics
Health Services
Marketing
Medicine
Human Resources
Information Technology
Law
Policy Development
Politics
Public Relations
Publishing
Social Work
Statistical Analysis
Teaching and Education
Writing and Editing



SMALL CLASS SIZES

Enjoy more
individual
support and
more meaningful
interactions.



SAVE ON TUITION

Tuition is a
fraction of the
cost of university.



80-PLUS PROGRAMS

With over 80 nationally
recognized programs,
we have something for
everyone.



TRANSFER COURSE CREDITS

Start your journey at
Selkirk College and
easily transfer to
another institution.



EXPERIENTIAL LEARNING

Get hands-on
experience. Apply your
learning in the real world.

RURAL PRE-MEDICINE

DEVELOPED IN COLLABORATION AND CONSULTATION WITH:

BC Ministry of Health

Doctors of BC

Columbia Basin Trust (CBT)

First Nations Health Authority (FNHA)

Interior Health Authority (IHA)

Local Physicians and Health Care Providers

Rural Coordination Centre of BC (RCCbc)

Rural Development Institute (RDI) at Selkirk College

UBC Faculty of Medicine

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FOR MORE INFORMATION, CONTACT PROGRAM COORDINATORS:

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